

---

---

**COMPREHENSIVE PAIN MANAGEMENT CENTER, INC.**

7152 N. SHARON AVE, SUITE 104

FRESNO, CA 93720

559-447-4898

---

---

**INSTRUCTIONS FOR YOUR PROCEDURE AT THE SURGERY CENTER**

**7 days prior to your procedure:**

- Stop taking Plavix/Coumadin
- Stop taking any Aspirin, Ibuprofen or Anti-inflammatory medications
- Stop taking Brilinta

**3 days prior to your procedure**

- Stop taking Eliquis/Xarelto

**The night before your procedure**

- Do not eat or drink after midnight the night before your scheduled procedure date

**The day of your procedure**

- **FOR SURGERY – DO NOT take your high blood pressure medicine**
- **FOR INJECTIONS - Take your high blood pressure medication the morning of your procedure with a small sip of water**
- Diabetics: continue your diabetic medication
- Please shower or bathe with antibacterial soap the evening before or morning of your procedure
- Do not wear jewelry, contact lenses or hair clips
- Leave money and other valuables at home
- Wear loose and comfortable clothing.
- If you should develop a cold, flu or fever-like symptoms before your procedure please contact our office or the surgery center to re-schedule.
- Bring your ID, Insurance cards and/or Medicare card with you
- **You will need a driver to bring you to the facility and take you home.**
  - **Your driver will not be allowed to enter the building due to Covid restrictions.**
  - **Please have your driver contact information available.**
- **NO public transportation/Uber or Lyft will be allowed unless accompanied by a responsible adult**

**PROCEDURE DATE:** \_\_\_\_\_

**ARRIVAL TIME:** \_\_\_\_\_

If you have any questions regarding your appointment, please call our office at (559) 447-4898.  
To reach the surgery center Nurse, please call (559) 261-3659.

Thank you,

**Please be aware that you may receive four separate billing statements for each of your scheduled procedures from the following entities. Comprehensive Pain Management Center, Inc., Anesthesia Group, Valley Imaging Services and your physician.**